

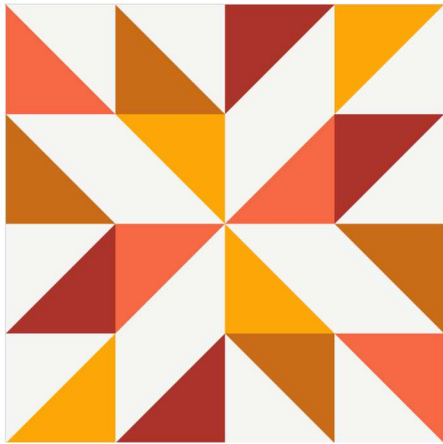
Fall Leaf Star

Pacifica Quilters Club – Block of the Month – September/October 2026 (presented 8/12/26 meeting)

By Jaysa Zablatzky (Contact me for help or feedback, thanks! jaysa@zablatzky.com)

Bring your sewn blocks to the September and/or October 2026 meetings.

Unfinished size 12 ½”



Colorway Example



My sample

CUT THE PIECES to sew 4-at-a-Time NO TRIM Half Square Triangles (“HST”):

Select 4 FALL color fabrics plus a WHITE fabric.

Cut **5 ½” x 5 ½”** squares as follows:

White (Fabric a1): Cut 4 squares

Fall Fabric (Fabric a2): Cut 1 square

Fall Fabric (Fabric a3): Cut 1 square

Fall Fabric (Fabric a4): Cut 1 square

Fall Fabric (Fabric a5): Cut 1 square

SEW THE 4-at-a-Time Half Square Triangles:

Use 1 WHITE square and 1 FALL fabric square. Place right sides together. Sew a precise ¼” around the entire perimeter of the square. Draw precise diagonal cutting lines in both diagonal directions from corner to corner. Cut precisely along both drawn diagonal lines of the sewn square. Press open.

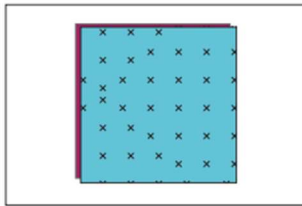
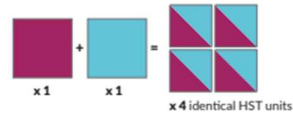
Continue with each WHITE and FALL fabric square. You should have a total of 16 HST squares, 4 of each colorway, each square should measure exactly 3 ½” x 3 ½”.

TIP: If you want to do 2-at-a-Time Half Square Triangles, go to the end for cutting info.

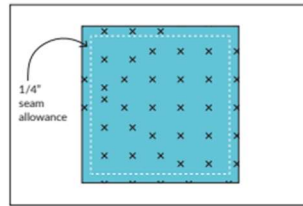
TIP: If you don’t want to worry about precision sewing, you can use 6” x 6” squares and trim your HST after pressing open. If trimming, trim your HST to 3 ½” unfinished squares using a ruler with a 45 degree angle line.



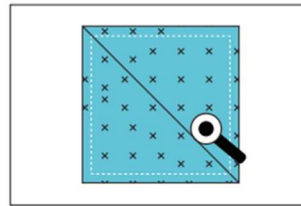
Half-Square Triangles (HST) 4 at a Time Method



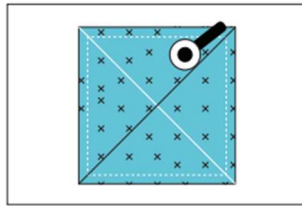
1 | Layer both squares of fabric on top of one another with right sides together. Make sure they are completely on top of each other (not staggered).



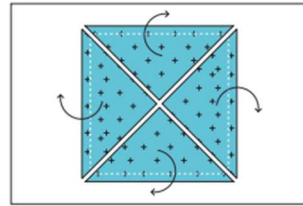
2 | Sew a straight line a 1/4" (or scant quarter inch) away from the edge and around the perimeter of the square.



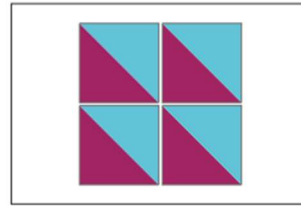
3 | Cut the square diagonally from corner to corner. Do not move the cut pieces.



4 | Cut your square diagonally from the other two corners. You will now have 4 triangle units.



5 | Unfold the top fabric of your triangle unit along the sewn line so that you have a square block made of two triangles. Be careful while pressing, since the fabric is on the bias.

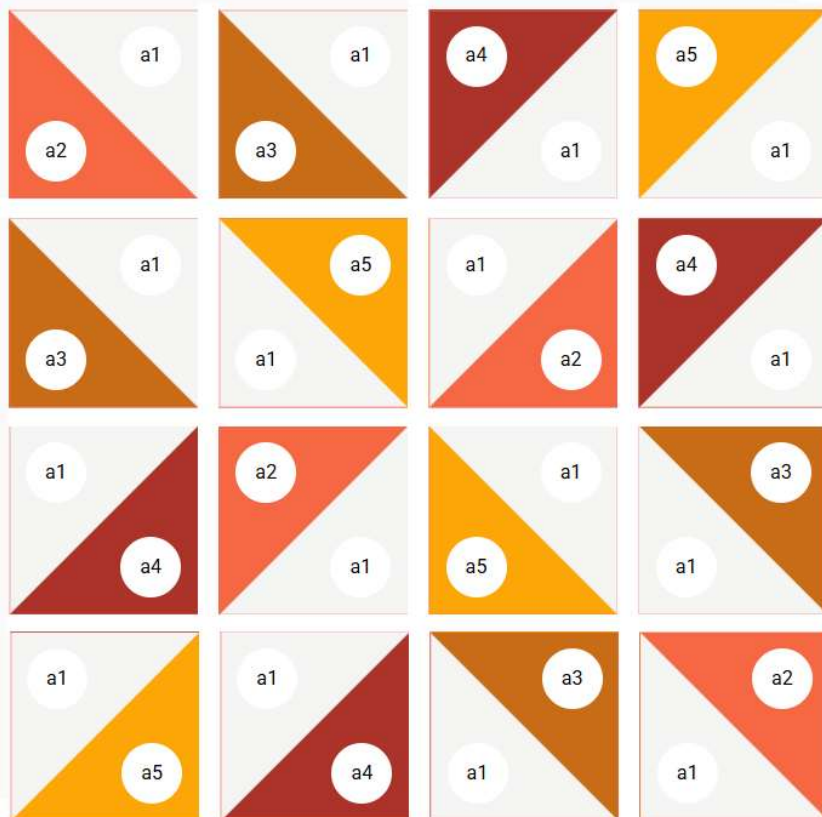


6 | You will now have 4 identical half-square triangle blocks. If necessary, trim your blocks to your desired unfinished size.

= wrong side of fabric

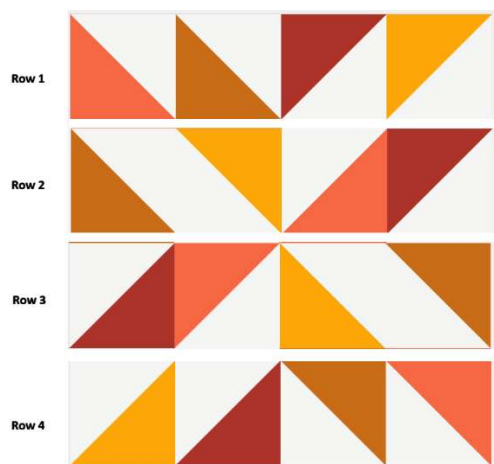
LAYOUT AND ASSEMBLE THE COMPLETED BLOCK:

Layout the block units on a table or design wall. Rotate each unit until you get the designated "Fall Leaf Star" pattern in your layout. The top left HST has a WHITE triangle on the top right corner and Fabric a2 on the bottom left corner.

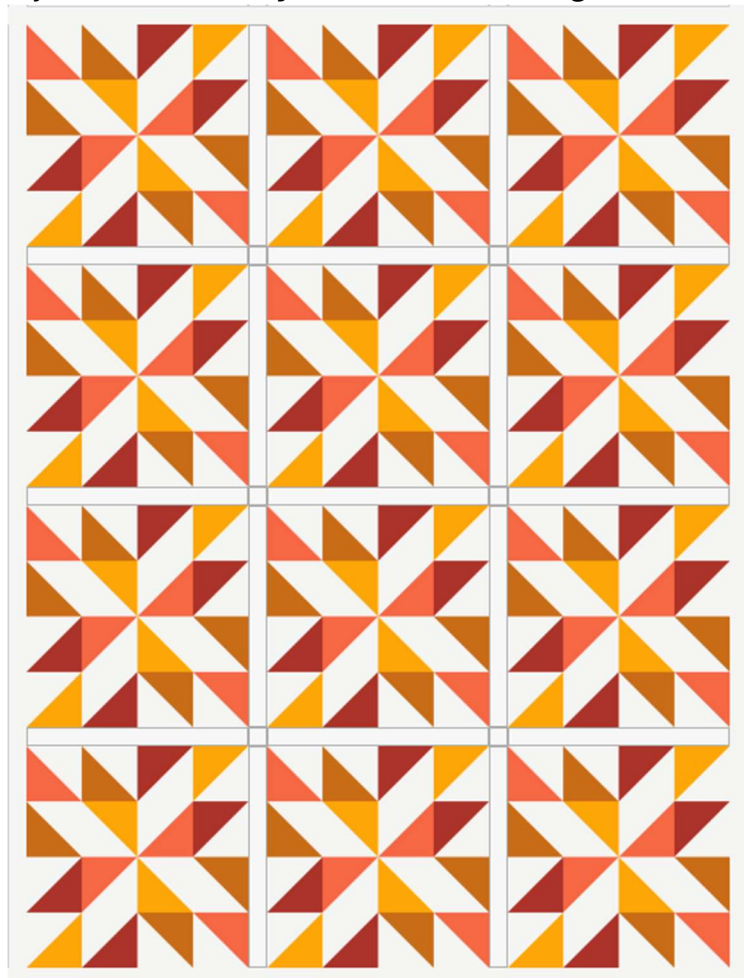


Use slightly scant $\frac{1}{4}$ " seams. Sew the top 4 HST units together in a row. Continue sewing in rows. Press seams. Sew the rows together. Press seams. **TIP:** Avoid stretching seams as you press.

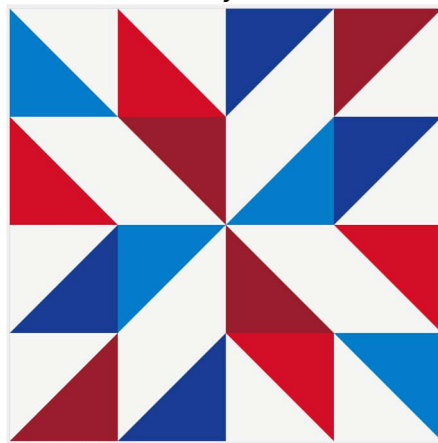
TIP: Nest seams and pay attention to lining up your triangle corners nicely.



If you are the **“Lucky Block”** winner, it might look nice with a sashing:



*Don't forget to make a
Patriotic Colorway version!*



If you want to use the 2-at-a-Time HST method, cut 8 WHITE squares and 2 FALL fabric squares from each color. Cut squares $3\frac{7}{8}$ " x $3\frac{7}{8}$ " (for NO TRIM) or cut 4" x 4" squares (and TRIM your HST to $3\frac{1}{2}$ " x $3\frac{1}{2}$ ")