

PACIFICA QUILTERS CLUB

January 2026

Happy New Year Pacifica Quilt Club Members!

Can you think of a better way to start the New Year than with a month full of Club activities?!

Second Thursday we gathered to learn and sew Potato Chip Blocks. Julie brought several samples, created a handout, and brought precut strips for us to practice. It was an enjoyable morning; we created several blocks that she collected to create Baby Blankets for our donation through Dana to the Hospital.

Jaysa taught the last half hour of our class as she brought several samples and visuals of the Quilt block possibilities. Simple placement and/or color choices made so many different designs with a few that resembled log cabin blocks. Thank you to Julie, Jaysa and to all participants!

We had 30 attend our January meeting which was an enjoyable evening full of new & renewed energy, everyone's participation makes it a special gathering as well as the delish Brownies that Dana brought for us to enjoy! The day after, we gathered to lay out your Charity Blocks to create Charity Quilts. With an overabundance of Quilts in the cabinet our space is limited, so we will create Quilt tops and Elaine will Quilt them as we begin to create space by distributing the ones we already have, so please keep your eyes & ears open for Raffle/Silent Auction Opportunities!

Forth Thursday we gathered for our annual New Year Breakfast! Thank you to Elaine and Barbara for coordinating an enjoyable event that would not have been successful without the various Breakfast delights that each of you, the 16 attendees bought to share! Thank you to Barbara, Elaine and all participants!

During the Breakfast I asked for assistance to create "Hearts" that will be distributed at the Community Center, February 13th Valentines Luncheon and included in all Meals on Wheels deliveries that day. *(more on this later in the newsletter)*

...and the Fifth Thursday is coming up; January 29th will be our 1st monthly SEW-IN this year! Remember this is an event to sign up for to attend, so we can ensure we have enough seats.

~Liz



January

- 13: Karen Warner
- 14: Donna Bachmann
- 20: Jaye Lapachet
- 24: Martha Alvarez
- 25: Dana Miller
- 26: Peg Gonzalez

February

- 5: Pat Garcia
- 20: Carol Green

January & February LUCKY BLOCK

Jaysa's Tulip for Spring



Create this block in the colors indicated in the instructions.

Also, create a Veterans Block using this or ANY block pattern

Note: Jaysa's pattern is attached

COMMITTEE/TOPIC	COORDINATOR
Adopt a Family	Liz
Lucky Block*	Jaysa
Charity Quilts	Elaine
<i>Breakfast*</i>	<i>Elaine / Barbara</i>
Challenge Project	Julie
Door Prize	Barbara
Membership	Cathy
Newsletter	Liz
Roster	Wanda
SEW-IN	Liz / Elaine
Sunshine*	Maggie / Rose
UFO Challenge*	Jaysa
Website	Wan\$50 da
Workshops / Demos*	Julie
<i>*Indicates additional information in the newsletter</i> <i>**refer to the minutes of the meeting</i> Contact the coordinator if you have any questions	

Sign up for 2026 MEETING SNACKS

If you enjoyed the 2025 Snacks, consider signing up this year!

January	Dana Miller	Barbara / Liz
February	Kaly Young	Julie Curry
March	Mary Whalen	
April		
May	Anne Merics	
June		
July	Pizza Party	
August	Stephanie Buckley	
September	Nancy Rauch	
October	Terry Caselton	
November	Maggie Harvey	
December	Holiday Celebration	


FEBRUARY – Thursday Schedule

1	5th	Open Sew
2	12th	WORKSHOP
3	19th	Open Sew
4	26th	SEW-IN
5	n/a	--

Visit our website: PACIFICAQUILTERS.COM

Next Mtg: Wednesday, February 11th 7pm

Remember to Bring:

- Lucky Blocks
- Veterans Blocks
- Items for the FREE table
tools, patterns, fabric, magazines, etc...
- Your SEW and TELL
- Your Hearts 

UFO Challenge

Congratulations to everyone who participated in the 2025 UFO Challenge as you are ALL winners! There were 9 participants and altogether, 38 UFO's were completed!

Kay was recognized for being the one participant who completed ALL of her UFOs listed!

For every item completed, their name was placed in a bowl.

Names were pulled and prizes were awarded as follows:

- ❖ 1st name pulled won \$50: Congrats to Elizabeth
- ❖ 2nd name pulled won \$30: Congrats to Kay
- ❖ 3rd name pulled won \$20: Congrats to Julie

We polled the membership if there was interest to do this again in 2026.

With the high percentage of hands raised, it was decided to do the UFO Challenge again this year and Jaysa volunteered to coordinate it, THANK YOU JAYSA!

The 2026 form is attached, remember to keep a copy for yourself. Please bring your completed list of 11 items to the February Meeting and start completing those UFOs! Jaysa will have maintain the binder; if you have ant questions, please contact her.



I have a question; do you know the power of a HEART? ❤️

Here's an interesting fact: Aside from the kindness, compassion & love a heart evokes, did you know that Research shows that acts of kindness, like making & giving hearts, can trigger oxytocin? Which triggers nitric oxide. This compound dilates our blood vessels and lowers our blood pressure!

My story: I just received the Community Center Newsletter and saw that they have a Valentines Lunch scheduled on 2/13. I've shared with you in the past that I am a Heart maker and random distributor (often referred to as a Heart Fairy by some.) So, in my excitement I contacted the Community Center and asked if they'd like to have some hearts to distribute to the Valentine lunch attendees (mainly Seniors) & also Meals on Wheels; I received a resounding YES, complimented for our kindness - but was floored at the request for #150!

I knew I could do it, but also thought it'd be a fun project to share with our Club. I created a simple pattern, some samples, a few kits and received a wonderful response at our breakfast!



I share this with you, with hopes that you will join us and make 1,6 or more? I attached a visual of my heart making process and the handout I provided with the pattern below. If you have any questions, please do not hesitate to contact me!

Due Date: February 11 (bring them to our evening meeting, I will deliver them all on 2/12)
But I'm happy to accept them at any Thursday, day meeting before then!

Remember, it's "Healthy" for both the Giver and the Receiver!

LUCKY BLOCK & VETERANS BLOCKS

Fall of last year we decided to postpone the 2026 Block of the Month because we have an overabundance of Charity Quilts. This was met with disappointment, and after some discussion, the membership voted with a resounding raise of hands to bring back “Lucky Blocks,” meaning that we would provide the Block of the Month pattern created by Jaysa which will run for two months, then on the second month (Feb, April, June, Aug, Oct, & Dec) everyone who participated would have their names placed in a hat with the possibility to “win” all of the Blocks created, hence “Lucky Blocks!”

Well, I realize we just came out of the Holidays but there were only two created and one of them was mine!



Feeling Lucky?

We have attached the pattern with hopes that more Blocks will be created and brought to the February Meeting.

- ❖ Veterans Blocks can be created in the pattern provided or any pattern of your choice
- ❖ Each month you will also have the opportunity to win a Mug Rug for participating in the creation of Lucky Blocks

We're creating WIN/WIN opportunities and look forward to your participation!

THURSDAYS

WORKSHOPS/DEMOS

The first Thursday of each month (or a Thursday when the instructor is available) is designated for Workshops / Demos! Some will be hands-on workshops; some will be demonstrations; either method, we have so much to learn from each other!

Following is the schedule so far:

DATE	EVENT	INSTRUCTOR
January <DONE>	Workshop: Potato Chip Blocks	Julie & Jaysa
February 12	Workshop: Lunch Bag	Justine
March 12	Workshop: Fabric Postcard	Wanda
April	?	

Justine provided a sign-up at the January Club meeting; we emailed the pattern which included fabric cutting instructions to be prepared and brought to the February workshop. If you didn't receive that email from me and/or would like to sign up, please update me; I'll send you the pattern and will update Justine.

Also, if you received the pattern and have any questions, please contact Justine directly.

IDEAS: We have open dates for workshops/demos and are looking for ideas, so please share them! We'll review your idea and once it's decided to move forward, we can discuss how you'd like to participate and if applicable, locate “experts” so we can all learn together.

SEW-IN



Join Us?

Sew-Ins are scheduled for the 4th Thursday but because of the annual breakfast, for January, we will meet on the 5th Thursday on January 29th from 10-3pm

Remember to sign up to reserve your seat, contact Elaine or Liz.

Parking is free in the lot behind the building.

SUNSHINE by Maggie Harvey and Rose Wilson

There has not been any sunshine shared since last month. Spreading sunshine helps us bring happiness to those around us! Keep watching for chances to lift someone's spirits and reach out to Maggie or Rose if you'd like to share some sunshine.

NEWSLETTER ideas

Thank you to those who gave me feedback and appreciation throughout the year; I was equally pleased to learn that you read and enjoyed the Newsletter. We did receive and discuss a few ideas which you will see included in upcoming publications.

Ideas:

- ❖ ISO (In Search Of) Section: If you are looking for a specific fabric, tool, pattern, or similar item please inform me, and I will include your request in the Newsletter.
- ❖ Selling an item (max 2), inform me and I will include it in the newsletter. Completion of the sale of this item or items will be directly between the buyer & seller; the Club is not involved other than publishing its availability.
- ❖ Fabric & other Resources: Wanda will include this on the Website
- ❖ In the SEW & TELL section, it was suggested we include "Discoveries" which is exactly that; you didn't just sew or complete it, but discovered it amongst your treasures and brought it to share

Remember, this is your Newsletter and we look forward to hearing your ideas...

In the Kitchen with Nancy

I found this recipe that might be a fun thing to do for Valentine's Day. When I first made this, I only used half a recipe for Jack and me. I guessed at 1.25C of chocolate. It was easier to half the rest of the recipe. I found that leaving the cookies at room temp. caused them to soften too much, so I kept them in the refrigerator. It was mentioned to me that if you leave out the oil, the cookies will remain firm.

S'MORES no bake cookies

- 1 2/3 C. milk chocolate chips
- 2 T. canola oil
- 3 C. Golden Grahams cereal
- 2 C. of mini marshmallows



In a large micro-safe bowl - microwave chocolate chips and oil uncovered, at 50% power until chocolate is melted. stirring every 30 seconds 1 -1.5 minutes. Stir in the Golden Grahams cereal until blended, fold in marshmallows.

Drop mixture by rounded tablespoons onto a waxed paper-lined baking sheet.

Refrigerate until firm, about 15 minutes.

One cookie = 78 calories

Have fun!

Happy Valentine's Day!

Nancy

♥ HEART Project ♥

Hearts symbolize love, compassion, caring, and just being alive.

Let's open our hearts, create some hearts, and together we'll warm the hearts of others!

~Liz 2026

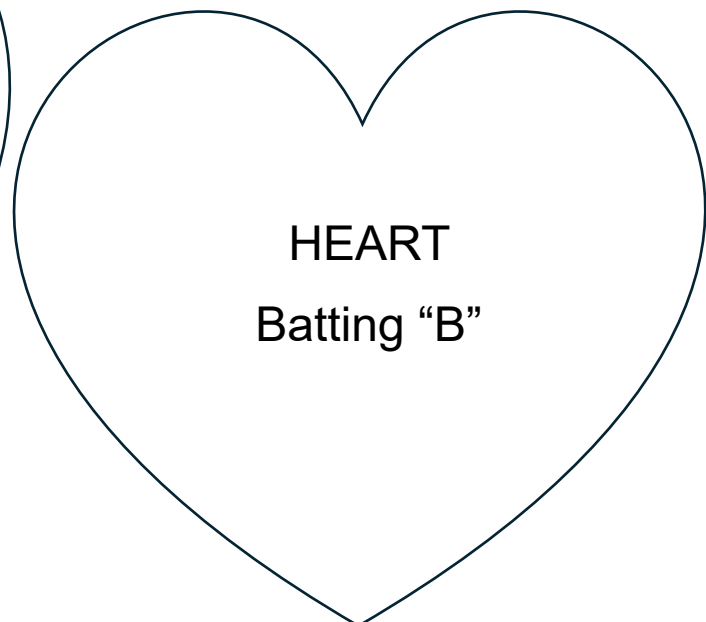
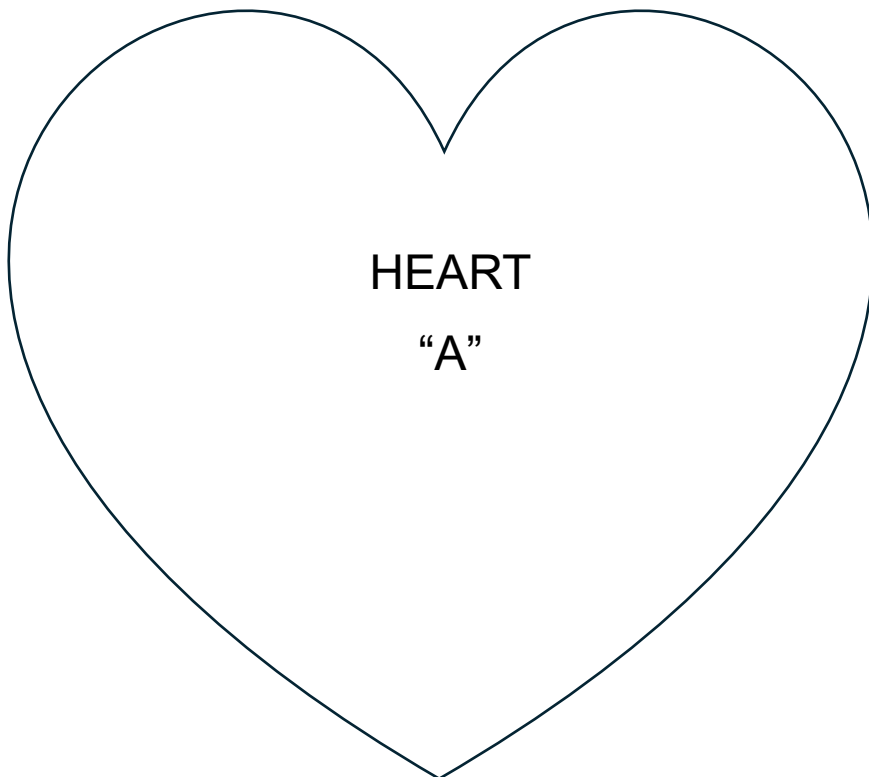
1. Gather Fabric (scraps or leftover quilt scraps), Batting, Backing (felt or fabric)
2. Cut out both A & B heart patterns below
Lay the large heart (A) on a piece of fabric or a quilt scrap
 - a. Cut the heart out
 - b. Cut the smaller heart (B) on a scrap piece of batting, center and pin to the back of the large heart (A) and pin together
3. Lay your heart with the batting on a piece of felt or fabric
 - a. Use the pin you left in during step 3 to secure it in place
4. Sew $\frac{1}{4}$ around each heart (easiest to start at the top middle & sew around)
Idea: "Quilt" with a straight or any deco stitch on your machine or you can leave it plain
5. Carefully cut around the heart with straight or pinking shears
6. Samples of the Hearts I created!

Optional: Cut a piece of 7" ribbon, loop, and secure to the top; add a bow or any embellishment or leave the sewn heart plain and I will complete them.

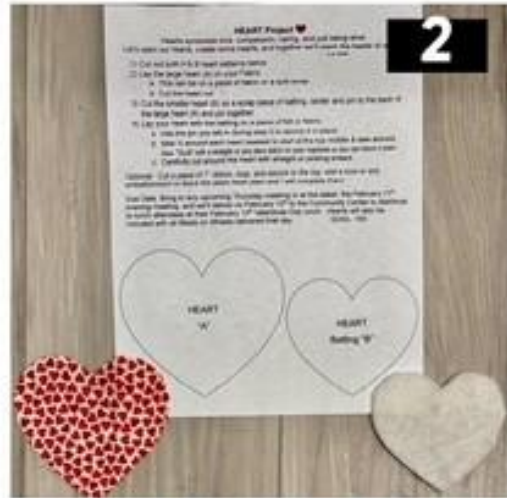
Due Date: Bring to any upcoming Thursday meeting or at the latest, the February 11th evening meeting, and we'll deliver on February 12th to the Community Center to distribute to lunch attendees at their February 13th Valentines Day lunch and to all Meals on Wheels delivered that day.

GOAL: 150

~Thank You!



♥ Heart Project ♥ (visual)

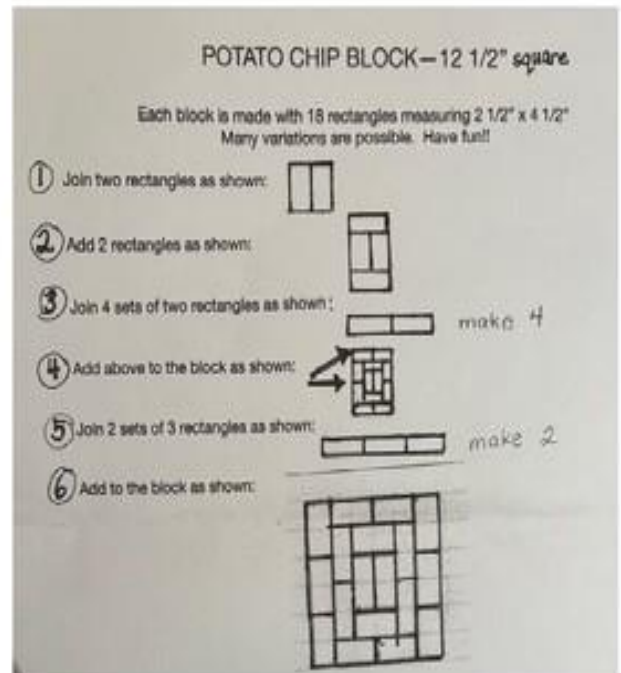


Julie collected the Potato Chip Blocks we sewed at the workshop and created Baby Quilts, two versions: one with sashing and the other without.

These were given to Dana for donation to the Hospital



Potato Chip Block



SEW & TELL



Elaine shared a lovely Quilt #9 from her Simply Jelly Rolls book that she created. Little did she know it was also a magic eye as her daughter did not initially see the stem & leaves of each flower, she jokingly said step back, can you see it now? She did! ...and WE did too!

Elaine



Judy shared a couple of fall wall hangings she didn't have a chance to bring in past months, and a Gem Quilt she created.

Judy

SEW & TELL



Mary Anne



Mary Anne shared the story of the children of her Pastor who came knocking at her door wanting to learn to make a Quilt, Mom too! Always on the ball, Mary Anne smartly used 3yd Quilt patterns to teach them!

She also showed Patriotic Quilts created by our Veterans blocks that were quilted by Dana.

SEW & TELL



Dana made a resolution to work through her various scrap boxes to create Quilts. Tonight, she shared a Quilt that she created from her orange & red box for this Quilt top, and used the larger pieces found in the bin to create the backing.

Dana

SEW & TELL



Jaye shared a Sampler Quilt that she has taught.

She also shared the large "Chubby Charmer Bag"

Jaye



SEW & TELL



Terry

Terry shared a variety of table runners that she created on her Embroidery Machine.